

CONFERENCE 2024

OCTOBER 18



Support Services

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AGENDA

1 Support Services

4 Vocational Rehabilitation

2 Social Services

5 Labor Market Attachment

3 Return to Work

6 Supporting Injured Workers



SUPPORT SERVICES

Support Services for injured workers (also known as Integrated Services)

- A workplace injury can be life altering and challenging for those injured on the job.
- The Board offers health support services and employment resources designed to help injured workers overcome medical limitations.
- Licensed master social workers (LMSWs) and vocational rehabilitation counselors (VRCs) work individually and as partners to aid injured workers by identifying appropriate support services and reducing barriers.



Social Services

SOCIAL SERVICES: LMSW

Licensed Master Social Workers (LMSWs)

When a worker is injured or becomes disabled as the result of a work-related injury or occupational illness, the impact can be devastating in a variety of ways. As such, the Board offers resources by highly skilled professionals. Board social workers are:



- Available in all district offices.
- Required to possess a Master's Degree in Social Work.
- Licensed to practice in New York State.
- Trained to provide free and confidential mental health and social services.

SOCIAL SERVICES: SUPPORT

Social worker support

- Offer short-term counseling to aid emotional and mental wellbeing.
- Respond to concerns or questions regarding the claims process.
- Assist with Medicare, Social Security, and New York State Disability.
- Provide advocacy support by reaching out to creditors, landlords, carriers, etc.
- Connect with services such as:
 - Department of Social Services (DSS)
 - Supplemental Nutrition Assistance Program (SNAP)
 - Home Energy Assistance Program (HEAP)

- shelters
- food pantries
- and more

SOCIAL SERVICES: 2023 RESPONSE

In 2023, LMSWs responded to 6,168 injured workers and resolved inquiries, involving:



- Increased demand for mental health support and short-term counseling.
- High levels of financial hardship.
- A growing need to partner with vocational rehabilitation counselors to support returnto-work efforts.

SOCIAL SERVICES: RESOURCES

wcb.ny.gov/socialservices

Workers' Compensation

Social Services

SUPPORT SERVICES

Overview

You and your family may feel overwhelmed following a work-related injury or illness.

SOCIAL SERVICES: RESOURCES

Social services fact sheet

Social services: Supporting injured workers and their families



When a worker becomes injured as the result of a work-related accident or occupational illness, it can be overwhelming for them and their family. Besides facing the pain and difficulty of the disability itself, the effects can be financially and mentally devastating. We can help!

The NYS Workers' Compensation Board (Board) has licensed master social workers (LMSWs) available in all district offices to provide free, confidential assistance to injured workers. Our LMSWs can help with the workers' compensation claims process and with financial and emotional barriers that may delay a return to work.

The Board's team of highly qualified and skilled LMSWs:

 Advocate for injured workers with health care providers, insurers, mortgage companies, landlords, utility companies, and creditors.

Things to know if you have a work-related injury or illness:

Medical care for your work-related injury is a lifetime benefit.

Work with your health care provider to get clearance to work.

SOCIAL SERVICES: TESTIMONIAL

"I just wanted to thank you, your intervention most likely saved my life."

-Jeffrey



RETURN TO WORK: GETTING BACK

Get better — and get back

- A quick and safe return to a healthy lifestyle helps one get better.
- Research shows the longer employees are out, the less likely they are to come back to work.
 - In fact, just 50% of injured employees will return to work after a six-month absence, and only 1% after a two-year absence.

RETURN TO WORK: PROGRAMS

Return-to-work (RTW) programs and initiatives:

- Help an employee continue working while recovering from a work-related illness or injury.
- Provide "reduced earnings" benefits to those who return to work at a lower pay rate because their disability prevents them from working at pre-injury level.



FACT: Medical care for a work injury or illness is a lifetime benefit, even after returning to work (unless there is a legal settlement that says otherwise).

RETURN TO WORK: PROGRAMS (cont'd)

Return-to-work (RTW) programs and initiatives (cont'd):

- Improve communication and clarify the roles and responsibilities of everyone involved in helping the injured worker come back to, and stay at, work.
- Enable all employees, including those who are not ill or injured, to understand and access a process for resolving difficulties at your work site, including during the period when an injured worker is transitioning back to work.
- Promote fair and consistent policies once an accident has occurred.

RETURN TO WORK: RESOURCES

wcb.ny.gov/returntowork





VOCATIONAL REHABILITATION: VRCs

Vocational rehabilitation counselors (VRCs)

- The Board's VRCs, located in district offices and customer service centers, provide free assistance to all injured workers, including those with physical and mental impairments.
- VRCs are master-level counselors with degrees in Rehabilitation Counseling.
- VRCs hold the national credential of Certified Rehabilitation Counselor (CRC).



VOCATIONAL REHABILITATION: VRCs (cont'd)

- Vocational support is offered to injured workers to ensure they get the help they need to become more independent and return to work.
- Those with medical restrictions may require alternate or light duties at work as they continue to recover from their injury.
- In 2023, the VRC unit assisted 7,133 injured workers as they returned to the workforce, and resolved inquiries.



VOCATIONAL REHABILITATION: SERVICES

VRC services provided for injured workers:

- Offer employers information regarding work restrictions, light duty, and other work limitations that support safe recovery efforts.
- Help injured workers search and apply for jobs, and coordinate job/vocational training.
- Refer injured workers to vocational support services such as ACCES-VR (vocational rehabilitation) and NYS Department of Labor (DOL) One-stop Career Centers.



VOCATIONAL REHABILITATION: SERVICES (cont'd)

- Aid with resume development and mock interview preparation.
- Provide guidance regarding labor market attachment, reasonable accommodations, and the Americans with Disabilities Act (ADA).
- Serve as a resource to Board staff regarding disability, employment, and workforce development.



VOCATIONAL REHABILITATION: RESOURCES

wcb.ny.gov/vocrehab

Workers' Compensation

Vocational Rehabilitation Services

SUPPORT SERVICES

Overview

A work-related accident or illness can be challenging, but there are resources to assist you. The Board's vocational rehabilitation

VOCATIONAL REHABILITATION: RESOURCES (cont'd)

Vocational rehabilitation fact sheet

Vocational rehabilitation: Helping workers get back to work



The NYS Workers' Compensation Board (Board) has vocational rehabilitation counselors (VRCs) who provide free assistance to injured workers with physical disabilities. Our counselors help these injured workers get the help they need to become more independent and return to work.

While the majority of injured workers fully heal and return to their same job once cleared by their health care provider, some may have medical restrictions or other situations that affect their return to work. They may require alternate or light duties at work as they continue to heal or to accommodate new medical restrictions. Some injured workers need training and assistance to find a different job altogether. We can help!

VOCATIONAL REHABILITATION: TESTIMONIAL

"Ms. Galimore, you work miracles! You are the best. I never had anyone that believed in me, and that made me lose faith in myself. I feel good for the first time in a long time. Thank you."

- Eric



LABOR MARKET ATTACHMENT

What is labor market attachment (LMA)?

- Workers who are temporarily disabled and less than 100% disabled are obligated to look for employment within their medical restrictions to continue receiving their benefits (Reference: *Matter of American Axle 2010 NY Wrk. Comp. 80303659*).
- Insurance carriers can and do raise this defense at hearings.
- The injured worker is given an opportunity to demonstrate a timely, diligent, and persistent work search.



LABOR MARKET ATTACHMENT (cont'd)

Why is labor market attachment important?

- An injured worker who is partially disabled and wants to continue receiving lost-wage benefits is obligated to demonstrate "labor market attachment" when the issue is raised by the carrier.
- The injured worker only needs to seek employment within their medical restrictions.



LABOR MARKET ATTACHMENT: EVIDENCE

What documentary evidence can be submitted to demonstrate LMA?

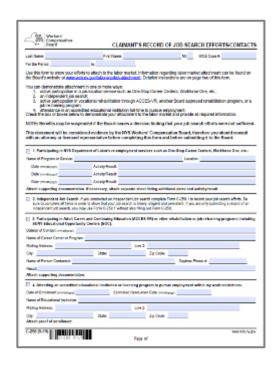
- Active participation in a job-retraining program
- Contacting and actively participating with DOL's One-stop Career Centers for job searching, follow up meetings, seminars, orientation, and/or job counseling
- Participating in full-time higher education or training
- Actively working with a VRC at ACCES-VR
- Conducting an independent job search



LABOR MARKET ATTACHMENT: EVIDENCE

Documenting labor market attachment

- Document everything with the:
 - Claimant's Record of Job Search Efforts/Contacts (Form C-258)
 - Claimant's Record of Independent Job Search Efforts (Form C-258.1)
 - Other supporting documents
- Forms can be found at wcb.ny.gov/forms.





SUPPORTING INJURED WORKERS: INJURED WORKERS



Community resources

Mental health services

Labor Market Attachment

Reasonable accommodations

Vocational training

Advocacy

SUPPORTING INJURED WORKERS: EMPLOYERS





Job analysis

Return-to-work plans

Reasonable accommodations & light duty work

Vocational programs and resources

Workshops

SUPPORTING INJURED WORKERS

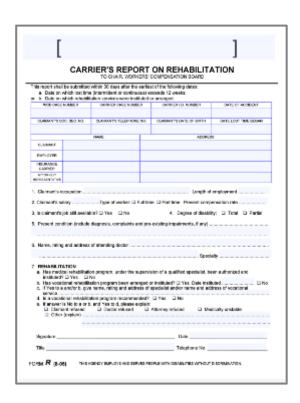
The Support Services staff is available to support attorneys, carriers, and other external stakeholders in the following ways:

- Help injured workers look for work within their work restrictions.
- Draft WER-17 Vocational Rehabilitation Reports & WER-18 Progress Reports to keep all parties up to date on what's happening with vocational services and injured workers.
- Navigate the claims process.



SUPPORTING INJURED WORKERS (cont'd)

- Connect to Vocational Service by use of the Carrier's Report On Rehabilitation (Form R 8-05).
 - Forms can be found at wcb.ny.gov/forms.
- Draft letters regarding financial need, housing assistance.
- Hold case conferences.
- Provide updates and communication.



CONTACT US

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EMAIL: VocRehab@wcb.ny.gov SocialWorkers@wcb.ny.gov

WEBSITE: wcb.ny.gov/supportservices



988 LIFELINE

Are you in crisis, experiencing emotional distress, or worried about someone you know?



Call or text 988 or chat at 988lifeline.org 24 hours a day, 7 days a week



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- wcb.ny.gov ("Get WCB Notifications")



THANK YOU